



## FOOTBALL

**CLUB** Bristol Rovers Ability  
**WHERE** SGS WISE, New Road, Stoke Gifford, Bristol, BS34 8LP  
**WHEN** Sundays 12-16yrs 9.30-10.30am and 16yrs+ 10-11am  
**COST** £4.50/session  
**AGE** 12+ Years  
**CONTACT** Jane Pfister : 07562 374000 or bristolroversability@gmail.com



## CLIMBING

**CLUB** iDID Bristol  
**SPORT** Rock Climbing and other adventure sports  
**WHEN & WHERE** 1.Red Point Bristol, 40 Winterstoke Road, Bristol, BS3 2NW Wed & Thurs evenings  
 2. The Climbing Academy, Charlton Street, Bristol BS5 0FD Monthly Saturday sessions.  
**COST** £50 for 6 sessions and £10 for one-off  
**AGE** 7+ Years  
**CONTACT** Please contact for times, Sarah Davies: s.davies@ididadventure.co.uk



## FOOTBALL

**CLUB** The Park  
**WHERE** The Park, Daventry Road, Knowle, Bristol, BS4 1DQ  
**WHEN** Football Fridays 5pm – 6pm  
**COST** Football £2/session  
**AGE** Football 16+  
**CONTACT** Mike Alden : 07504 989716 or mikealden45@hotmail.co.uk

# IGNITE

A SPORTING LEGACY FOR DISABLED PEOPLE

## ACCESSSPORT BRISTOL

The Ignite Programme supports sports clubs to set up inclusive sessions for young disabled people.

Sessions cater for young people of all ability and experience levels.

### FOR MORE INFORMATION

✉ Julia.williams@accesssport.co.uk

☎ 07917 753937

📘 AccessSportBristol

🐦 @AccessSportBris

📷 @AccessSportBris

www.accesssport.org.uk

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Look inside for information on inclusive sports Opportunities for young disabled people in Bristol





### BADMINTON

**CLUB** Deaf friendly badminton  
**WHERE** Bristol Metropolitan Academy, Snowdon Rd, Bristol BS16 2HD  
 (alternative entrance please text on day)  
**WHEN** Mondays 8-9pm  
**COST** £30 for 10 sessions  
**AGE** All ages  
**CONTACT** Matt Nichol 07938623035 (text only) matt.j.nichol@gmail.com



### SWIMMING

**CLUB** Super Swimmers Academy alongside NAS Splash'n'Play  
**SPORT** Bite size swimming lessons  
**WHERE** Easton Leisure Centre, Thrissell Street, Bristol BS5 0SW  
**WHEN** Various Saturdays throughout the year 6-7pm please contact for more details  
**COST** Contribution  
**AGE** 5+ years  
**CONTACT** Lynda Thomas superswimmersacademy@hotmail.com



### MULTISPORT

**CLUB** Ability Sports  
**SPORT** 1. Autistic Football 2. Multi Sport  
**WHERE** St Pauls Academy, Newfoundlands Rd, St Pauls, Bristol, BS2 9NH  
**WHEN** Saturday  
 Autistic Football 12pm-1pm  
 Multi Sport 1pm-2.30pm  
**COST** £3-5/session  
**AGE** 8+ Years  
**CONTACT** Lincoln Small: 07702 136590 or abilitysports@hotmail.co.uk



### FOOTBALL

**CLUB** Mendip Broadwalk Ability  
**WHERE** Filwood Playing Fields, Creswicke Rd, Bristol, BS4 1TZ (April-Sept. Different venue October-Mar)  
**WHEN** Fridays 5pm- 6pm  
**COST** £2/sessions & £5/game  
**AGE** 16+ Years Males  
**CONTACT** Andy Williams: 07980 432697 or littlegas1883@gmail.com



### CRICKET

**CLUB** Frenchay Falcons Cricket  
**WHERE** Common Mead Lane, Frenchay, Bristol, BS16 1QQ  
**WHEN** Mondays – Juniors 6.15pm-7.15pm (11-16years)  
 Seniors 7.15pm - 8.15pm (16+ yrs)  
**COST** Free taster sessions £40 for whole season  
**AGE** 11+ Years  
**CONTACT** Kay Sibley: 07519 735037 or Kay\_sibley@yahoo.co.uk



### BOCCIA

**CLUB** Access Sport Henbury  
**WHERE** Henbury Leisure Centre, Sports Hall, Avonmouth Way, Henbury BS10 7NG  
**WHEN** Friday 7-8pm  
**COST** £3/session  
**AGE** All ages  
**CONTACT** Julia Williams 07917 753937 julia.williams@accesssport.co.uk



### WATERSPORTS

**CLUB** All Aboard  
**WHERE** Baltic Wharf, Cumberland Rd, Bristol, BS1 6XG  
**WHEN** Saturdays 10-12pm Easter to end of September and Tuesdays 4-6pm Easter – October  
**COST** £6/session  
**AGE** Saturday All ages welcome Tuesday 8-25 years  
**CONTACT** 0117 9290801 or admin@allaboardwatersports.co.uk



### DOWNS SYNDROME FOOTBALL

**CLUB** DS St Pauls  
**WHERE** St Pauls Academy, Newfoundlands Rd, Bristol, BS2 9NH  
**WHEN** Sundays 11am-12pm  
**COST** £5/session  
**AGE** All Ages  
**CONTACT** Julia Williams: 07917 753937 Julia.williams@accesssport.co.uk



### TENNIS

**CLUB** Cotham Park Tennis  
**WHERE** Cotham Park Tennis Club, 80 Redland Road, Bristol, BS6 6AG  
**WHEN** Thursdays 1pm - 2pm April – August  
**COST** £3.00/session  
**AGE** 18+ Years  
**CONTACT** Helen Abbott: 07872 945664 or helenabbott19@gmail.com